

Week 2 Autumn/Winter menu 2025-2026 All meals are served with water. At snack we have whole milk and oat milk available.

Meal	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	A choice of Rice snaps, Cornflakes, Malted wheat and wheat biscuit cereals served with whole milk or oat milk [G,D] Selection of tinned fruit	A choice of Rice snaps, Cornflakes, Malted wheat and wheat biscuit cereals served with whole milk or oat milk [G,D] Selection of tinned fruit	A choice of Rice snaps, Cornflakes, Malted wheat and wheat biscuit cereals served with whole milk or oat milk [G,D] Selection of tinned fruit	A choice of Rice snaps, Cornflakes, Malted wheat and wheat biscuit cereals served with whole milk or oat milk [G,D] Selection of tinned fruit	A choice of Rice snaps, Cornflakes, Malted wheat and wheat biscuit cereals served with whole milk or oat milk [G,D] Selection of tinned fruit
Morning snack	Crackers [G] with banana	Rice cakes with pear	Houmous [SS] with pitta bread [G]	Wholemeal Toast [G] and spread with Apple	Breadsticks [G] with clementines
Lunch	Homemade turkey meatballs or vegan meatballs [S,G] in a tomato and red pepper sauce with wholemeal pasta [G] Celery and carrot sticks on the side	Butternut squash and borlotti bean stew with baked potato Soya yogurt [S] or semolina [D] with berry sauce	Maccaroni cheese [D,G] with sweetcorn or vegan tomato and lentil pasta [G] with sweetcorn. Side of beetroot dip with cucumber sticks	Vegetable chickpea and coconut curry served with rice. Banana and date flapjack [G]	Roast chicken or vegan baked tofu [S] with mashed potato, vegetables and gravy [G,S] Chocolate beetroot brownie [G]
Afternoon snack	Breadsticks [G] with clementines	Crackers [G] with cucumber	Rice cakes with apple	Breadsticks [G] with clementines	Oatcakes [G] with banana
Tea	Baked beans with potato wedges and vegetable sticks Raisins	Scrambled egg [E] on wholemeal toast [G] with vegetable sticks Apples	Curried butternut squash and butterbean soup with wholemeal bread [G] Banana	Tomato, vegetable and bean pasta [G] Pear	Houmous [SS], cream cheese [D] or dairy free cheese sandwiches on wholemeal bread [G] with veg sticks Apple

Allergy guide G= Gluten D= Dairy S=Soya E=EGG N=Nuts C=celery SS= sesame seeds F=fish